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## Bishop Weekly Update: January 24, 2019

### MARK YOUR CALENDAR!

1/29 (Tues): Shop at Wilson Farms Day

2/1 (Fri): Spirit (wear) Day

2/7 (Thu): Parent and Teacher Diversity and Inclusion Group (DIG)

2/8 (Fri): **NEW** Family Dance and Social

2/18 ~ 2/22 (Mon ~ Fri): February School Break

### *In This Issue:*

#### PRINCIPAL'S CORNER

#### PTO NEWS

[In Search of Fundraising Assistant](#)

[Bishop Night Out Canceled](#)

[Amazon Smile Awards Program Update](#)

#### UPCOMING PTO-SPONSORED EVENTS

[Family Dance and Social](#)

[Shop at Wilson Farm Day](#)

[The Green Team](#)

[Mary Poppins Jr.](#)

#### STAFF SPOTLIGHT!

#### COMMUNITY NEWS

[Arlington Food Pantry](#)

[Girl Scout Daisy Troop information meeting](#)

[Parent and Teacher Diversity and Inclusion Group \(DIG\)](#)

[Additional Series of Guiding Good Choices](#)

[AYBSA Spring Baseball & Softball Registration](#)

#### KEEP UP TO DATE

## Bishop Community ~

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Our mention can be viewed at 14:49 for your reference!

Thank you, Dr. Magalhaes for this facilitation and leadership!

## Having Courageous Conversations about Race with Our Children

Dear Bishop Parents and Guardians,

One of the actions the parent-led Thompson Diversity and Inclusion Group (DIG) is to organize an educational forum to help parents and guardians with the challenges of talking to kids about race and racism.

**FORUM:** Having Courageous Conversations about Race with Our Children

**DATE:** Thursday, January 31 from 7:00 pm – 9:00 pm

**LOCATION:** Thompson School gym at 187 Everett St, Arlington, MA 02474

**COST:** Free but you must register

**REGISTRATION:** <https://tinyurl.com/CourageousRegister>

The forum will be led by **Dr. Liza Talusan** who has “22 years of experience in Pre K-20 education, Liza is an engaging facilitator in conversations about diversity, racism, unconscious bias, privilege and power and creates environments that allow for people to discuss these difficult topics openly.” You can read more about her at her website:

<http://www.lizatalusan.com>

Dr. Talusan will lead a workshop entitled “Having Courageous Conversations about Race with Our Children.” To encourage community participation, the Thompson DIG invites parents and guardians of all elementary students within the Arlington Public School district to register and attend.

Please register in advance because the Thompson gym has limited seating.

**REGISTRATION:** <https://tinyurl.com/CourageousRegister>

Notes:

(1) The event is for parents/guardians of students who attend an elementary school within the APS.

(2) No childcare will be provided, and attendance is limited to adults only.

The forum will have a Question and Answer section at the end. We ask that questions be submitted online prior to the forum date. All questions are anonymous. Depending on volume, we may not get to every question.

ASK QUESTION to DR. TALUSAN: <https://tinyurl.com/CourageousQuestion>

Parent-led Diversity and Inclusion Groups have the support of and collaborates with principals and district administration. Each Arlington School has a DIG. The parent-led group's overarching goal is to raise awareness for all our children and their respective families regardless of race, color, religious views, national origin, sex, gender, identity and expression, age, ancestry, family-marital status, sexual orientation, disability, source of income and military status to help maintain a safe and welcoming learning environment. The Thompson DIG-organized forum is one example of initiatives started by DIGs. Please contact Sarah Popper at [sarahepopper@gmail.com](mailto:sarahepopper@gmail.com) if you would like more information about Bishop's DIG initiatives.

We encourage you to take advantage of the January 31st forum to support our community's efforts to make APS an

inclusive and welcoming learning environment for all of our children and families and staff.

## Specific MCAS Dates for Grades 3, 4, and 5 -

### **BISHOP ONLINE MCAS SCHEDULE 2019**

#### April - May 2019 - ELA/Math/STE

|  |  |   |  |  |
|--|--|---|--|--|
| <u>Monday, April 1st</u><br><br><u>Grade ELA</u><br><u>Grade 3</u> | <u>Tuesday , April 2nd</u><br><br><u>Grade ELA</u><br><u>Grade 3</u> | <u>Wednesday, April 3rd</u><br><br><u>Grade ELA</u><br><u>Grade 5</u> | <u>Thursday, April 4th</u><br><br><u>Grade ELA</u><br><u>Grade 5</u> | <u>Friday, April 5th</u><br><br><u>Grade ELA</u><br><u>Grade 4</u> |
| <u>Monday, April 8th</u><br><u>Grade 4 ELA</u>                     | <u>MAKE UPS</u>  | <u>MAKE UPS</u>   | <u>MAKE UPS</u>  |  |

#### MAY 2019 – ELA/MATHEMATICS – SCIENCE & TECHNOLOGY (5<sup>TH</sup>)

|   |   |  |  |  |
|---|---|--|--|--|
| <u>Monday, April 29th</u><br><br><u>4th Grade</u><br><u>Mathematics</u> | <u>Tuesday , April 30th</u><br><br><u>4th Grade</u><br><u>Mathematics</u> | <u>Wednesday , May 1st</u><br><br><u>3rd Grade</u><br><u>Mathematics</u> | <u>Thursday, May 2nd</u><br><br><u>3rd Grade</u><br><u>Mathematics</u> | <u>Friday, May 3rd</u><br><br><u>5th Grade</u><br><u>Mathematics</u> |
| <u>Monday, May 6th</u><br><u>5th Grade</u><br><u>Mathematics</u>        | <u>MAKE UPS</u>   | <u>MAKE UPS</u>  | <u>MAKE UPS</u>  |  |
| <u>Monday, May 13th</u><br><br><u>5th Grade STE</u>                     | <u>Tuesday , May 14th</u><br><br><u>5th Grade STE</u>                     | <u>MAKE UPS</u>  | <u>MAKE UPS</u>  |  |

**Bishop’s Annual Art Show (To be held separately this year) - Thursday, April 11th @ 6:30pm**

**Bishop’s Annual Spring Choral Concert - Thursday, May 9th** (K-2 and 3-5 will have their own times TBD)

**Bishop’s 5th Grade Recognition - Monday, June 17th @ 9:00am** - Reception to follow

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We have a critical need for the Fundraising Assistant to help the Fundraising Coordinator in the following duties: oversee and schedule PTO fundraising events with the Co-Presidents, generate ideas for future events, and manage ongoing fundraising initiatives with the Fundraising Coordinator.

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Unfortunately, we had to cancel this event because we were unable to secure the numbers necessary to move forward. We plan to reschedule it for another night--stay tuned for more information.

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A lot of us shop on Amazon but forget to do it on Amazon Smiles, which requires going to that specific website. But, there are ways to automate routing all of your shopping to Amazon Smiles. If you're shopping on your computer web browser, you can create "extensions" that will automatically re-route you to Amazon Smiles anytime you go to Amazon. Depending on the web browser you use, click on the link below and follow the instructions to install the Amazon Smiles extension for your web browser. Ask your family and friends, too.

[Smile Always](#) IRU&KURP H  
[Amazon SMILE!](#) IRU) \WHIR[  
[SmileAllDay](#) IRU6DIDL

Thanks to parent, Jasper Rosenberg, on pointing out the Chrome extension!

For how to register using your browser or on your iPhone, please see [the easy instructions](#).

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Already sick of snow? Come work off your and your kids' energy at the Family Dance and Social next Friday, February 8th from 6:30-8:30 pm. This community event features a professional DJ, a simple photo booth, light refreshments, and fun for the whole family.

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This day is designated to giving back to local schools in our community. When a friend or family of the school shops at Wilson Farm on the designated day, 20% of their sale will be donated right back to the school!  
7XHVGD\ -DQXDU\ VR LV VFKHGXDIG DV VKHGD IURVH%LVKRS  
(OP HQMU 6FKRRO/6KRS DW LOVRQ) DUP ' D\ When shopping, please present either the flyer or e-mail (both of which will be made available next week) in order for the 20% to be applied. As an added bonus, the top earning school will receive 25% instead of the allotted 20%!

**20% of your purchase will be DONATED BACK TO YOUR SCHOOL!**

**Be the top school and get 25% back!**

**JANUARY 29, 2019**  
**Bishop Elementary School**

- Clubs and Extra-Curricular Activities -
- School Funded Field Trips -
- Supplies and Equipment -
- School Improvements -
- School Bonds -
- Sports Teams -

10 Pleasant St, Lexington, MA 781-852-3990 - WilsonFarm.com

Your school principal will decide how to allocate any funds earned through Shop at Wilson Farm Day- so you know the money will go where it's needed most!

Present your Shop at Wilson Farm Day flyer (either printed or a digital copy on your phone) at checkout on the date listed above and Wilson Farm will donate 20% of your pre-tax subtotal purchase to your school. Does not include: custom orders, CSA shares, or gift cards.

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In the coming weeks, the Green Team will be thinking about renewable energies and how they might be

incorporated in a future building design of Bishop and its grounds. We will be drawing some ideas this week that we hope to translate to 3D models for display at Arlington's Eco-fest this coming March.

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Please bookmark the [play website](#) for links to key information and updates. Refer to the [online schedule](#) for the latest information on rehearsal content and participants. For questions, please email [thebishopplay@gmail.com](mailto:thebishopplay@gmail.com) or visit the [www.bishopschoolpto.com/bishop-school-play](http://www.bishopschoolpto.com/bishop-school-play)

IMPORTANT DATES

|                  | &DW\$                 | &DW%                 |
|------------------|-----------------------|----------------------|
| ' UHV 5 HKHDU/DO | 3/23 (Sat) 12-2:30 PM | 3/23 (Sat) 2:30-5 PM |
| W8 HURUP DQFH    | 3/29 (Fri) at 7 PM    | 3/30 (Sat) at 6 PM   |
| QG 3 HURUP DQFH  | 3/30 (Sat) at 2 PM    | 3/31 (Sun) at 2 PM   |

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Each week we spotlight a member of the Bishop staff on the bulletin board outside the main office to get to know them better. Did you guess the last week's staff?

67\$) ) 2) 7+( : ( ( .

Family: Lives in upstate New York

Birthday Month: April

Hobbies: Art, playing with my dog (Indi), downloading therapy apps

Pets: Border Collie/Lab mix

Favorite Book:

Favorite Food: Mac and Cheese & BBQ

Favorite Color: Purple

Favorite Candy: Twizzlers

Favorite Vacation: Snowboarding in Denver, CO

Favorite Music: Alternative

When I grow up . . . I want to retire and own a dog rescue service.

) URP / DVM HZ VOMMU

Family: husband, two boys, one girl

Birthday Month: July

Hobbies: knitting, traveling, reading, eating

Pets: dog and cat

Favorite Book: Wonder

Favorite Food: French fries

Favorite Color: yellow

Favorite Candy: milk chocolate

Favorite Vacation: Italy

Favorite Music: Classic Rock

When I grow up . . . I want to work for the travel channel.

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Hello Bishop community - This month we are asking 4TH GRADE families to make an extra effort to help fill the bins for the Arlington Food Pantry but all donations are welcomed and appreciated. Donations will be collected until Wednesday, January 29.

Please note: bins are now located E\ WHIURQW\HMDQFH\QMGH\WHILU\W\HWRI GRRU\to Bishop (outside the main office).

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Attention Kindergarten families! Meredith DiMola and Jeannine Ranaghan are starting a Daisy Troop at Bishop. Our troop formation requires periodic family involvement and meetings will be once a month on Friday after school. For more information, please refer to the [letter from the organizers](#).

Our agenda will include:

- Introduction to Girl Scouts
- Membership registration and other essential/required paperwork,
- All adults should bring a photo ID and a credit/debit card (Visa, MasterCard, or Discover—NOT AmEx)
- Discussion on troop dues and other possible expenses (uniforms, books, etc)
- Meeting time and location
- Expectations of family participation
- Communication plan
- Your questions

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Bishop School is excited to announce the formation of a Parent and Teacher Diversity and Inclusion Group (DIG)! In an effort to support all students and families in Arlington, Diversity and Inclusion groups have been formed at all seven elementary schools, Gibbs, Ottoson, and the High School. The Bishop DIG will hold a kick-off event for interested families, teachers, and community members on February 7 at 6:30 PM in the Bishop Library. At this event, Carlos Hoyt, the current Diversity Consultant for the Arlington Public Schools, will speak and facilitate a discussion. Dr. Hoyt, who holds a PhD in social work and is a Licensed Independent Clinical Social Worker, is the Director of Community and Inclusion at the Chestnut Hill School. He teaches, speaks, and writes about issues related to social identity, social bias, and social justice education.

The goal is for the Bishop DIG to gain parent participation in order to create school goals that reflect the Bishop community while working under the overarching DIG mission: to promote an optimal learning environment for all of our children by reinforcing diversity, equity, and inclusion as a valued part of the culture at APS Schools. We will strive to provide a safe and welcoming learning space for all our children and their respective families, inclusive of all identities. In doing so, we will prepare our children to be successful in an increasingly diverse world.

Help Bishop in joining all the other Arlington Public Schools in forming a Diversity and Inclusion Group! (DIG)

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Monday nights: February 25, March 4, 11, 18, and 25, from 6:30-8:30

There will be an additional offering of [The Guiding Good Choices](#) workshop series at the Whittemore Robbins House. GGC consists of 5 workshops, held once a week for five consecutive weeks. This is an evidence-based program that requires participants to attend all five workshops.

Registration is via email at [kkoretsky@town.arlington.ma.us](mailto:kkoretsky@town.arlington.ma.us)

**FREE PARENTING SERIES**  
**GUIDING GOOD CHOICES**  
 Winter 2019-Session 2



For parents and caregivers of students  
 (Grades 5-8)

Participation is free, but **REGISTRATION IS REQUIRED**

Guiding Good Choices (GGC) offers proven techniques and effective tools to help parents:

- Improve communication with their children.
- Develop healthy family rules and behavioral expectations.
- Control and express anger constructively.
- Recognize family needs and limits.
- Prevent children from engaging in substance use and other risky behaviors.

This program is ready for parents with families from the Harvard and George Washington University and AYAC.

**SANBORN**  
 2019-2020  
 Arlington  
 Youth-Centred  
 Coalition

Monday nights (February 25th, March 4, 11, 18 & 25th)  
 from 6:30-8:30  
 Whittemore Robbins House (708 Mass Ave)

GGC consists of 5 workshops, held once a week for five consecutive weeks. This is an evidence-based program that requires participants to attend all five workshops.

Please register via email: [kkoretsky@town.arlington.ma.us](mailto:kkoretsky@town.arlington.ma.us)

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Registration is now open for the Spring 2019 season, which will kick off in April. Go to [www.aybsaonline.org](http://www.aybsaonline.org) to see the list of programs by age and experience. To register your child, click on "Register Online" in the left-hand menu.

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Bishop School: <https://bishopschool.net>

Bishop PTO: <http://www.bishopschoolpto.com/>

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Co-Presidents: [Sarah Eastman](#) (Senior) and [Elisa Komoni](#) (Junior)

Co-Treasurers: [Ami Fatula](#) (Senior) and [Karin Moellering](#) (Junior)

Fundraising Coordinator: [Christian Na](#)

Communications Coordinators: [Junko Nagano](#) and [Christina Marko](#)

Recording Secretary: [Sheelagh Stirling](#)